

**Healthy Habits**  
JASON KRUTE, SENIOR PASTOR  
SUNDAY, AUGUST 25 2019

Psalm 103:11-12 (NIV 1984 Version)

For as high as the heavens are above the earth,  
so great is his love for those who fear him;  
as far as the east is from the west,  
so far has he removed our transgressions from us.

[] Bible Study

The Bible is necessary for understanding and maintaining a spiritual life. (Matthew 4:4; 1 Peter 2:1-3; 2 Peter 1:16-2:3)

[] Scripture Memory

Recall of God's Word improves our ability to make wise decisions. (Psalm 119:9-16; Galatians 5:16-26)

[] Prayer

Prayer impacts the world around you, even if we cannot see the change. (Luke 11:1-13, 18:1-8, James 5:13-20)

How are my habits affecting my daily life?