

Romans 8 Study

1. Spend some time reading through Romans 8 this week any time you do a devo. Take your time with this. You should be thinking carefully about what you read and writing down the things you see.
2. The first time you read through Romans 8, as you read, write down any promises God makes to you. What does God say is true. If you have trouble believing these promises, log that. If you are particularly thankful for any of these promises, log that. Example:

Monday morning- Romans 8- 9:00 AM-9:10 AM

- Romans 8:1- God promised that I am not condemned because I am in Christ. I know this is true, but I struggle to believe it is true for me.
- Romans 8:2- God has promised that I have been made free from sin and death. Thank you God!

3. The second time you read through Romans 8, as you read, log it the same way you did with the promises, this time only focus on writing down specifically *what God has done for you* in Christ. Whereas the focus in number 2 was on recognizing the promises, this one is focused on what God has actually done. Answers will be similar, but hopefully impact your heart differently. Example:

Tuesday morning- Romans 8- 9:00 AM-9:10 AM

- Romans 8:1- God has made me not condemned. I am now saved forever.
- Romans 8:2- God has set me free from sin and death.

4. The third time you read through Romans 8, as you read, log the same way you did before, only this time focus on *your identity* in Christ. Again, answers will be similar to previous days, but will hopefully impact you differently. Who has God made you? Example:

Wednesday morning- Romans 8- 9:00 AM-9:10 AM

- Romans 8:1- I am an un-condemned man. I am *in* Christ Jesus
- Romans 8:2- I am a free man.
- Romans 8:9- I am in the Spirit because God's Spirit dwells in me.

5. The next devo you do this week should specifically focus on Romans 8:26-27. Spend time reading these two verses very slowly. Ask God to give you wisdom. Then write down the answers to these questions in your journal and come ready to share:

- 1) Who helps me in my weaknesses?
- 2) What are the weaknesses I need help with? (Take your time! Think carefully)
- 3) What comfort should it give me that the Spirit Himself intercedes for me in my prayers?
- 4) The Holy Spirit clearly wants to help me. What are practical ways I can do better at listening closely to the Holy Spirit's guidance?

6. The last devo you do should focus specifically on Romans 8:28-39. Answer the following questions in your journal and come ready to share:

- 1) 8:28- What things work together for good?
- 2) 8:29-30- Who is in control of my destiny? How do I know?
- 3) 8:31-32- How does Christ being given for me prove that God is for me?
- 4) 8:33-34- Again, who is in control? How do I know according to this verse?
- 5) 8:35-37- How does His love help me be a conqueror even over any life situation?
- 6) 8:38-39- Why am I inseparable from Christ's love?